

WRITING - FREE WRITING

What is free writing?

Free writing is the practice of writing without a prescribed structure, which means no outlines, cards, notes, or editorial oversight. In free writing, the writer follows the impulses of their own mind, allowing thoughts and inspiration to appear to them without premeditation.

What Are the Benefits of Free writing?

- It makes you more comfortable with the act of writing
- It helps you bypass the "inner critic" who tells you can't write.
- It can be a valve to release inner tensions.
- It can help you discover things to write about.
- It can indirectly improve your formal writing.
- It can be fun.

Creative expression

- Many writers embrace free writing as a way to find unexpected inspiration.
- The creativity that comes from free association.
- By starting with a rough idea, but without pre-planned details, a writer opens themselves up to discovery and new found inspiration.

Speed

- Free writing is typically faster than other forms of draft writing or outlining because you are simply writing without a strict form to follow and without organizing your thoughts.

Example:

My Dream

Everyone has a dream in his life which they want to achieve when they grow up. Some kids want to become rich so that they can buy anything and some want to be a doctor, lawyer, or engineer. But only you know that for achieving these goals you have to work hard and stay attentive to it. In this essay on my dream, we are going to discuss the basic things that will help in achieving my dream.

For turning a dream into reality the first thing that you need is determination. This will help you in a lot of ways. Firstly, it will help you decide the course of action for doing anything. Besides, it will also help you to plan the journey ahead. Also, it will help to take things slow and maintain a steady pace towards the dream.

Moreover, no matter how big my dream planning and setting short term goals will always help. This is important because rushing to your dream will not going to help you in any way. Besides,

there is some dream that requires time and they follow a process without following it you cannot achieve that dream.

For completing the dream you have to keep your dream in the mind. And remind this dream to yourself daily. There come hard times when you feel like quitting at those times just remember the goal it helps you stay positive. And if you feel like you messed up big times then start over with a fresh mind.

You don't need to cover milestones to reward yourself. Set a small target towards your dream and on fulfilling they reward yourself. These rewards can be anything from toffee to your favorite thing. Besides, this is a good way of self-motivation.

Working towards your goal not mean that you work day and night without stopping. Apart from that, due to continuous efforts, people soon start to become de-motivated. So, taking a break will help your body and mind. For doing so, take a break in between your schedule for some time and engage yourself in other activities

Your company affects you in a lot of ways than you can imagine. So, be with people who appreciate you and stay away from people who distract and criticize you.

We human beings fear to make mistakes but with it, we forget an important point that is a mistake helps us to learn. Whenever you make a mistake you face a tough time but these tough times helps you to polish yourself and be more determinant.

To sum it up, we can say that dreaming of a goal is far easier than achieving it. And for fulfilling your dream you need a lot of things and also have to sacrifice many things.

Above all, for fulfilling your dream plan and work according to it because it will lead you to the right path. And never forget to dream big because they help in overcoming every obstacle in life.